

**Benefits of Quality Nutrition**  
**Pet Health Clinic**  
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**What do you feed your pet?**

Majority of clients don't know this answer. Some can't name the food while others don't know what is in the food. Most foods are chosen based on price and marketing.

**Is your pet a family member or just pet?**

For most people this answer is a family member yet they don't take the time or extra money to feed a better quality food.

**What can quality nutrition do for your pet?**

Expand lifespan, general increase attitude and vigor, decrease or solve many common ailments such as allergies and intestinal problems, potentially even decrease risk of cancer and other more serious diseases

**What do I look for in a good food?**

- TURN OVER THE BAG!! If you see these words: Corn, Wheat, Soy, Meat and Bone Meal, Animal Digest, Propylene Glycol, or Glycerin (among a few others) This is NOT quality food.
- What are the ingredients? Know what is in the food - if you wouldn't eat it would you feed this to your pet. If you don't know what an ingredient is google the definition. You'll be surprised!
- Where is the protein coming from meat or grains? I personally believe many ailments are seen when we feed grain heavy foods instead of meat protein based foods. I have seen a huge decrease in many diseases with this philosophy especially allergies.
- Does the company focus on marketing or quality of food? In my opinion some of the most heavily known and marketed foods are the worst. These companies spend a lot of time and money selling food and less in the actual food themselves.
- Where is the food made and where are the ingredients from? We have all heard about the recalls over the past several years. I prefer USA made and sourced, but there are several countries in particular we see recalls from. This is because there general standards are lower and so we have to be careful what we consume from these countries.

**My dog or cat is too picky or won't eat anything else**

Most animals (and people) will battle change. But once adjusted and feeling good we realize that change can be a good thing.

Also, the poorer quality foods are also less digestible because of the fillers therefore many dogs will eat less once on a better quality diet.

**But Doc I can't afford quality nutrition?**

I ask, are you sure? Dogs and cats with better quality nutrition in general need less veterinary care!

In comparison a GOOD quality food for a 50lb dog cost about \$0.55 a day. A top of the line food \$0.66 (when fed as directed). The leading brands range from \$0.26 to \$0.53 per day for a 50lb dog.

Is your family member worth a quarter a day or less ???

*Disclaimer: These statements are based on the opinions of Dr. Candice Andrews, owner and operator of Pet Health Clinic in Easton, MD. These opinions are based on her own research, education, work and life experiences.*